

# Hip Replacement

Hip replacement, also known as arthroplasty, is a surgical procedure to repair a hip damaged by arthritis or a severe injury. Hip replacement is usually done when hip pain cannot be relieved by other treatments.

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## ▶ Who should consider hip replacement surgery?

When physical therapy, exercise and pain medications have not improved your hip pain, or made it easier for you to get around, it may be time to consider hip replacement surgery. With newer surgical approaches, and newer technological advances with more durable hip joints, more patients are considering joint replacements.

Hip replacements are now routinely done through small incisions. The use of less invasive surgical techniques means less pain, shorter recovery times and a faster return to activity. Artificial joints made of metals, ceramics or plastics are used to help your hips move and function naturally.

## ▶ Benefits

Hip replacements can relieve pain, help your joint work better, restore mobility, and ultimately allow you to participate in activities that you personally enjoy with reduced or eliminated pain. Hip replacement surgery has a very high success rate and can provide an improved quality of life.

Our expert, board-certified orthopedic surgeons and their teams work with you for the best possible personalized outcomes. For some patients, outpatient joint replacement surgery may even be an option.

## ▶ Who we are

Our board-certified orthopedic surgeons work collaboratively to coordinate your care before, during and after your procedure, including offering pre-surgery education so you will know what to expect, and provide options that are most convenient for you.

Our surgeons were trained by some of the country's leading orthopedic programs. They choose to provide services for their patients at MelroseWakefield Hospital.

**To take the next step, call our Patient Navigator at 781-338-7112.**