

Knee Replacement

Knee replacement is a surgical procedure to repair a knee damaged by arthritis or injury. Over 700,000 total knee replacement surgeries are performed each year.

▶ Who should consider knee replacement surgery?

When knee pain is bad enough that it interferes with the things you want or need to do, the time may be right to talk to your doctor about knee replacement options. Consider surgery when:

- Medications like anti-inflammatory drugs no longer help ease your pain.
- Other less invasive treatment options don't effectively reduce your pain and/or inflammation, such as physical therapy, cortisone injections, lubricating injections, or rest.
- You have loss of mobility, difficulty walking and performing everyday tasks, such as walking up and down stairs, or getting out of bed or a chair.
- Persistent pain that interferes with your quality of life.

▶ Benefits

Knee replacements can relieve pain, help your joint work better, restore mobility and ultimately allow you to participate in activities that you personally enjoy with reduced or eliminated pain. Knee replacement surgery has a very high success rate and can provide an improved quality of life. Advances in knee replacement surgery include same day outpatient surgery.

Our expert, fellowship trained and board-certified orthopedic surgeons and their teams work with you for the best possible personalized outcomes.

▶ Who we are

Our board-certified orthopedic surgeons work collaboratively to coordinate your care before, during and after your procedure. We also offer pre-surgery education so you will know what to expect, and provide options that are most convenient for you. Our surgeons trained at the country's leading orthopedic programs and they choose to provide services for their patients at MelroseWakefield Hospital.

To take the next step, call our Patient Navigator at 781-338-7112.